



**DIVISION OF  
SLEEP MEDICINE**  
HARVARD MEDICAL SCHOOL

**Division of Sleep Medicine  
22<sup>nd</sup> Annual Sleep and Health Benefit  
October 16, 2023**

**SCHEDULE**

- 10:30am – 11:45am     **HMS/DSM Faculty Meeting**  
*Zinner Board Room, Brigham and Women's Hospital  
70 Francis Street, Boston, MA 02115*
- 10:30am – 11:45am     Daniel Buysse, M.D Lunch  
with T32 trainees  
*Hale VTC 02006B Conference Room, 2nd Floor  
60 Fenwood Road, Boston, Massachusetts 02115*
- 12pm – 1:30pm         **Sleep Grand Rounds – Annual Prize Lecture**  
*Bornstein Amphitheater, Brigham and Women's Hospital  
75 Francis Street, Boston, MA 02115*  
  
Daniel Buysse, M.D.  
"Multidimensional Sleep Health: From Concept to Clinic"
- 2:30pm – 5:15pm       **HMS/DSM Annual Poster Session & Reception**  
*Massachusetts Room, Harvard Club of Boston\**  
*Back Bay Clubhouse, 374 Commonwealth Avenue, Boston, Massachusetts 02215*
- 3:45pm – 5:15pm       **HMS/DSM Group Photos**
- 5:15pm – 8:00pm       **HMS/DSM Sleep and Health Benefit Dinner**  
*Harvard Hall, Harvard Club of Boston\**  
*Back Bay Clubhouse, 374 Commonwealth Avenue, Boston, Massachusetts 02215*

Welcome | Charles A. Czeisler, Ph.D., M.D.  
Opening Remarks | Clifford B. Saper, M.D., Ph.D.

Presentation of the 2023 Annual Prize in Sleep Medicine to:

**Daniel Buysse, M.D.**  
UPMC Endowed Chair in Sleep Medicine  
Distinguished Professor of Psychiatry  
Clinical and Translational Science  
University of Pittsburgh School of Medicine



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Parking at Brigham and Women's Hospital, Main Campus

<https://www.brighamandwomens.org/about-bwh/locations/boston-main-campus-self-parking-and-valet>

Parking Office Phone Number: (617) 732-5877

For Visitors: Visitors may park in the 80 Francis Street Garage.

Hours of Operation: 7 days a week. 24 hours a day.

0-1 Hours - \$8.00; 1-2 Hours - \$10.00; 2-3 Hours - \$11.00; 3-4 Hours - \$12.00; 4-5 Hours - \$13.00; 5-6 Hours - \$15.00; 6-7 Hours - \$36.00; 7-24 Hours - \$40.00

Directions to BWH Zinner Board Room <https://ncigt.org/zinner-board-room-directions>

- Coming from 75 Francis, on the Pike, walk over Bridge into Shapiro Building, take the escalators or elevators to first floor, walk towards the back of building and take a right through the double glass doors. The entrance to room is straightaway.
- From the 70 Francis St. street level entrance, through the revolving door, walk towards the back of building and take a right through the double glass doors. The entrance to room is straightaway.

Directions to BWH Bornstein Family Amphitheater <https://sleep.med.harvard.edu/resources/coming-to-boston/bornstein>

The Bornstein Family Amphitheater is located on the 2nd Floor "Pike" in Brigham and Women's Hospital. Directions to this conference room:

- From main lobby on the 1st floor at 75 Francis Street, walk down the "lower pike" corridor to the Connors Ctr for Women's Health elevators.
- Take the elevator up one level.
- Turn left into the main corridor.
- Find the entrance to this room on your left, between exits 5 and 6.

Directions to Harvard Club of Boston Back Bay Clubhouse from BWH

Harvard Club of Boston: 374 Commonwealth Avenue, Boston, MA 02215

Directions from: Brigham and Women's Hospital, 75 Francis St, Boston, MA 02115

1. Turn left toward Binney Street, Turn right onto Binney Street, Turn left onto Jimmy Fund Way - 2 min (0.2 mi)
2. Turn right at the 1st cross street onto Brookline Ave - 0.5 mi
3. Continue straight to stay on Brookline Ave; Pass by Marshalls (on the right in 0.2 mi) - 0.5 mi
4. Use any lane to turn right onto Commonwealth Avenue - 0.4 mi
5. Arrive at 374 Commonwealth Avenue

Parking at Harvard Club of Boston Back Bay Clubhouse

Parking is available in the Club's own lot, located directly behind the Back Bay Club at 415 Newbury Street. Please let them know you are there for the HMS DSM Sleep and Health Benefit.

*\*Parking information for Harvard Club: Valet Parking available in backlot, first come, first served*



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